



medinox™
your health our passion

PRODUCT CATALOGUE
2026



Build your healthcare offering with products that earn their place on your shelf. Reliable supply, strong margins, and a range that covers what your customers actually ask for, meeting their healthcare needs.

From pharmacy chains to independent retailers, we're set up to support your business.

medinox™

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thermX

Hot and cold therapy for natural, effective treatment of pain and inflammation.

Perfect for first aid, recovery or as part of a long-term treatment plan.

HOT / COLD THERAPY PACKS | INSTANT ICE PACKS |
THERMAL GEL SLEEVES | THERMAL SHOULDER SUPPORT |
THERMAL MIGRAINE CAP

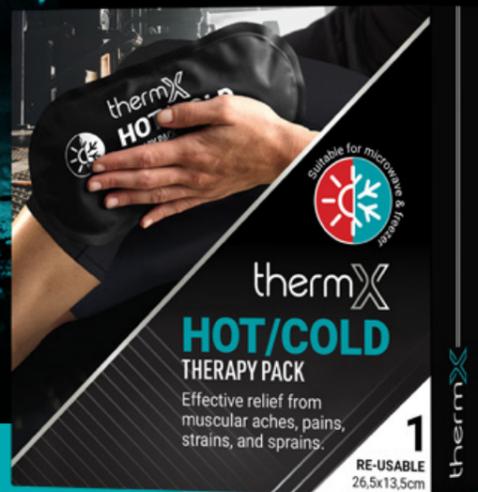




Thermotherapy (heat therapy) is a procedure that involves the application of superficial heat to alleviate muscle stiffness, chronic pain and tension, as well as promote increased blood circulation to speed up recovery. Heat therapy can be used multiple times a day if needed.

Cryotherapy (cold therapy) involves the use of extreme cold to reduce swelling, inflammation, and ease acute pain after an injury or surgery. Cold therapy can be used multiple times a day during the initial stages of an injury or to manage swelling and inflammation.

thermX
HOT/COLD THERAPY



Hot/cold therapy pack

Code	Size	Barcode
MX79300	265 x 135mm	5057881793007

Suitable for both the microwave and freezer, the thermX Hot/Cold Therapy Pack delivers rapid and effective pain relief. Featuring a 2-in-1 healing pad design, the pack is reusable, long-lasting, and maintains flexibility in any temperature.



Hot/cold therapy pack with strap

Code	Size	Barcode
MX79301	265 x 135mm	5057881793014

For enhanced support, the thermX Hot/Cold Therapy Pack is also available with an adjustable 85cm support strap, ensuring a customised and secure fit.



3 in 1 breast therapy pack | 2's

Code	Barcode
MX79352	5057881793526

Cooling helps ease breast engorgement, tenderness, and inflammation for breastfeeding mothers. When heated, it aids in milk let down while pumping. Also suitable for post-surgical care to reduce swelling, bruising, and general breast discomfort.



Instant ice cooling packs

Code	Size	Qty	Barcode
MX79302	127 x 152mm	2	5057881793021

Requires no pre-freezing and delivers immediate, ice-cold relief within 20 seconds upon activation, offering a quick and efficient solution for rapid cooling therapy.

- EFFECTIVE**
Provides fast & effective relief
- 2 IN 1**
Long lasting healing pad
- FLEXIBLE**
Malleable when frozen
- RE-USABLE**
Re-usable & long lasting

- 2 IN 1**
Long lasting healing pad
- FLEXIBLE**
Flexible when frozen
- ADJUSTABLE**
Adjustable 85cm velcro strap
- RE-USABLE**
Re-usable & long lasting

- SKIN COMFORT**
Includes 2 soft washable covers
- FLEXIBLE**
Can be used with breast pump
- HOT/COLD**
Suitable for microwave & freezer

- SQUEEZE**
Easy activation ice pack
- NO FREEZING**
No freezing required to become ice cold
- EFFECTIVE**
Provides fast & effective relief



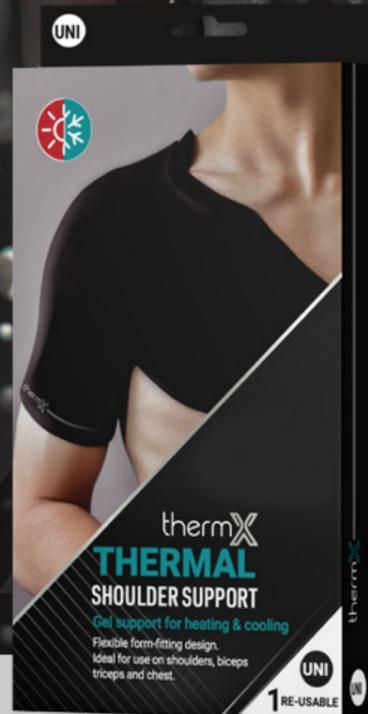
The thermX Thermal Gel Sleeve and Shoulder Support range features an advanced gel formulation designed for superior heat and cold retention. The innovative gel maintains consistent therapeutic temperatures for extended periods, ensuring effective relief for sore muscles, joint pain, and inflammation. Flexible and durable, the gel adapts to the body's contours, providing targeted comfort while remaining reusable and easy to clean.



Thermal headache & migraine relief cap

Code	Size	Barcode
MX76112	210 x 145mm	5057881761129

Combining advanced thermal therapy with a 360 degree ergonomic design, the thermX Thermal Headache & Migraine Relief Cap delivers soothing relief from headaches, migraines, and sinus discomfort.



Thermal shoulder support

Code	Bicep size	Barcode
MX76356	260 - 420mm	5057881763567

The reusable shoulder support is meticulously designed to harness the therapeutic benefits of both hot and cold therapy, providing a versatile approach to alleviating discomfort caused by muscular aches and pains.



Thermal gel sleeve

Code	Size	Barcode
MX76116	S: 250 x 110mm	5057881761167
MX76117	M: 250 x 125mm	5057881761174
MX76118	L: 280 x 135mm	5057881761181
MX76119	XL: 280 x 145mm	5057881761198

Expertly crafted for maximum comfort, the reusable and durable gel sleeve maintains flexibility in both hot and cold states.

- 360° THERMAL GEL**
Form-fitting design
- FLEXIBLE**
Malleable when frozen
- LASTING**
Re-usable & long lasting
- HOT/COLD**
Suitable for microwave & freezer

- 2 IN 1**
Long lasting heating pad
- FLEXIBLE**
Flexible when frozen
- ADJUSTABLE**
Adjustable strap
- LASTING**
Re-usable & long lasting

- 360° THERMAL GEL**
Form-fitting design
- FLEXIBLE**
Malleable when frozen
- LASTING**
Re-usable & long lasting





360° Gel for heating and cooling



THERMAL HEADACHE & MIGRAINE RELIEF CAP

Combining advanced thermal therapy with a 360 degree ergonomic design, the thermX Thermal Headache & Migraine Relief Cap delivers soothing relief from headaches, migraines, and sinus discomfort.

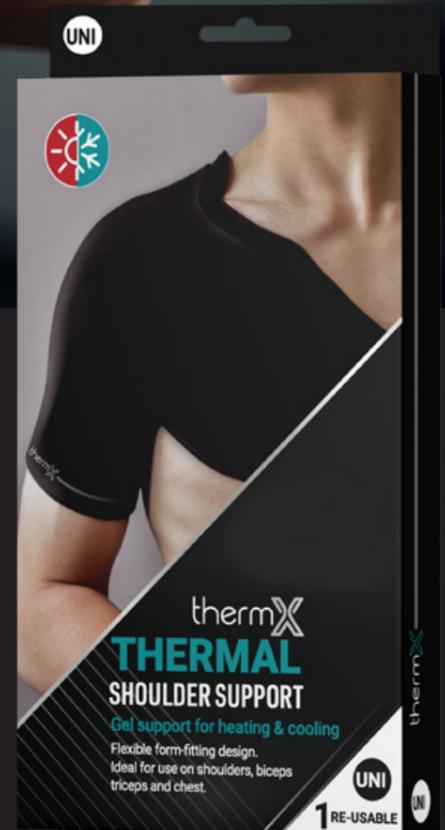


-  FLEXIBLE WHEN FROZEN
-  RE-USABLE
- 2in1**
HOT / COLD



THERMAL SHOULDER SUPPORT

The ThermX Thermal Shoulder Support delivers targeted heat/cold therapy and compression to help you recover faster and move with confidence.





Everyday first aid essentials that are easy on the pocket, without compromising on quality. Offering a wide range of first aid and footcare products, in easy to merchandise, attractive packaging.

PILLBOXES | WOUND CARE | FOOTCARE |
EAR PLUGS | CAST PROTECTORS |
HOT/COLD THERAPY





ORGANISED STORAGE



EASY TO READ MARKINGS



LIGHTWEIGHT MATERIAL

The VitaPlus Pill Box Range offers a convenient and practical solution for organising daily medication. Designed for ease of use, the pill boxes feature clearly labelled compartments that help users manage their daily, weekly, or monthly doses. The secure snap closures keeps pills safe and the sleek and portable design makes them easy to carry in a travel bag or pocket.



Push button lids



Colour coded AM/PM

7 Day pillbox | am/pm

Code	Barcode
VP64223	5057881642237



Dayout trays



Secure clip lids

1 Week pill organiser | wallet

Code	Barcode
VP64041	5057881640417



Pocket size



Secure clip lids

Circular pillbox

Code	Barcode
VP64081	5057881640813



Perfect for crushing



Divides medication

Pill cutter & crusher

Code	Barcode
VP64211	5057881642114



Divides medication



Single blade

Pill cutter

Code	Barcode
VP64221	5057881642213



Pocket size



Secure clip lids

1 Day pillbox

Code	Barcode
VP64091	5057881640912



Pocket size



Secure clip lids

1 Day pillbox | am/pm

Code	Barcode
VP64001	5057881640011



Perfect for travel



Secure clip lids

1 Week pillbox | am/pm

Code	Barcode
VP64011	5057881640110



Dayout trays



Perfect for large pills

1 Week pillbox | day out

Code	Barcode
VP64021	5057881640219



Secure clip lids



Brail markings

7 Day pillbox | curved

Code	Barcode
VP64051	5057881640516



Push button lids



Colour coded days

7 Day pillbox | easy open

Code	Barcode
VP64222	5057881642220



Secure clip lids



Perfect for large pills

7 Day pillbox

Code	Barcode
VP64061	5057881640615



Spring loaded



Multiple daily medication

1 Week pillbox | springloaded

Code	Barcode
VP64031	5057881640318



Pop out pods



Pocket size

Monthly pill organiser

Code	Barcode
VP64224	5057881642244



Dayout trays



Perfect for large pills

Pill organiser | weekly

Code	Barcode
VP64071	5057881640714



PLASTERS

helps block out germs and dirt



SUPERIOR ADHESION



LATEX FREE



DURABLE



PLASTERS

helps block out germs and dirt



The VitaPlus Plasters offer durable and flexible protection for everyday cuts, scrapes, and minor wounds. Crafted from soft, breathable material, the plasters comfortably conform to the contours of the skin, allowing for natural movement while staying securely in place.



Waterproof kids plasters

Code	Size	Qty	Barcode
VP61520	19x72mm	20	5057881615200



Waterproof



X-Ray detectable

Assorted box contains
6 x (19 x 56mm)
12 x (19 x 72mm)
6 x (50 x 72mm)

Waterproof blue plasters

Code	Size	Qty	Barcode
VP61416	19x72mm	100	5057881614166
VP61411	Assorted	24	5057881614111



Waterproof



360° seal

Assorted box contains
4 x (22mm)
6 x (72 x 19mm)
6 x (56 x 19mm)

Transparent plasters

Code	Size	Qty	Barcode
VP61311	19x72mm	16	5057881613114
VP61321	Assorted	16	5057881613213



Waterproof



Cut to size



Waterproof plaster strips

Code	Size	Qty	Barcode
VP61201	60 x 100mm	4	5057881612018



Waterproof



360° seal



Waterproof spot plasters

Code	Size	Qty	Barcode
VP61511	22mm	24	5057881615118



Waterproof



360° seal



Waterproof knuckle & fingertip

Code	Size	Qty	Barcode
VP61532	Assorted	24	5057881615323



Flexible stretch



360° seal



Fabric plasters - classic

Code	Size	Qty	Barcode
VP61111	19x72mm	16	5057881611110



Waterproof



360° seal

Assorted box contains
4 x (22mm)
6 x (72 x 19mm)
6 x (56 x 19mm)



Waterproof plasters | assorted

Code	Size	Qty	Barcode
VP61221	Assorted	16	5057881612216



Waterproof



360° seal



Waterproof plasters | classic

Code	Size	Qty	Barcode
VP61211	19 x 72mm	16	5057881612117



Flexible stretch



Assorted box contains
4 x (22mm)
6 x (72 x 19mm)
6 x (56 x 19mm)



Fabric plasters | assorted

Code	Size	Qty	Barcode
VP61121	Assorted	16	5057881611219



Flexible stretch



Cut to size



Fabric plaster strips

Code	Size	Qty	Barcode
VP61101	60x100mm	4	5057881611011



HYDROCOLLOID PLASTERS

protects, cushions and softens blisters, corns & calluses

FOOTCARE

protects, cushions and alleviates pain with every step



Helps prevent and protect against blisters.
Perfect when getting the steps in or on a night out in high heels.

From gel bunion guards to toe protectors and heel cushions, the VitaPlus Gel Footcare range features advanced polymer gel technology to deliver superior comfort and protection. Designed to alleviate discomfort, prevent friction, and improve overall foot health, the range ensures long-lasting performance and exceptional results for the treatment of blisters, corns, calluses, and more.



Callus & blister plasters

Code	Size	Qty	Barcode
VP61540	42x45mm	6	5057881615408



Blister plasters | extra comfort

Code	Size	Qty	Barcode
VP61541	44x69mm	5	5057881615415



Blister plasters | small

Code	Size	Qty	Barcode
VP61542	20x60mm	6	5057881615422



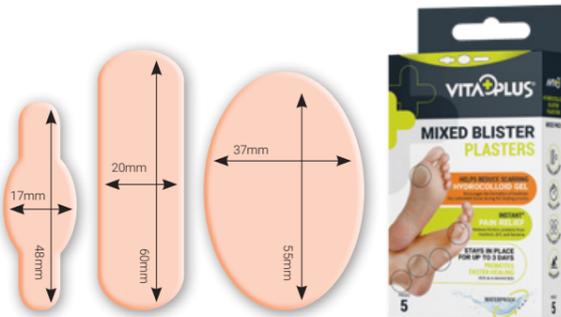
Blister plasters | medium

Code	Size	Qty	Barcode
VP61543	55x37mm	5	5057881615439



Blister plasters | toe

Code	Size	Qty	Barcode
VP61544	17x48mm	8	5057881615446



Blister plasters - mixed

Code	Size	Qty	Barcode
VP61545	mixed	5	5057881615453



Gel toe spreader looped

Code	Size	Barcode
VP66101	S/M	5057881661016
VP66102	M/L	5057881661023

Innovative ring design ensures product stays in place



Gel toe protector cap

Code	Size	Barcode
VP66106	S/M	5057881661061
VP66107	M/L	5057881661078

Relieves pressure and discomfort from corns, calluses, hammer toes and in-growing nails



Gel bunion guard

Code	Barcode
VP66104	5057881661047

Relieves pressure and discomfort from corns, calluses, hammer toes and in-growing nails

ADVANCED POLYMER GEL TECHNOLOGY
POLYMER GEL CONFORMS TO THE SHAPE THEY'RE IN CONTACT WITH HELPING TO REDUCE PRESSURE, PAIN AND FRICTION.



Gel bunion guard with spreader

Code	Barcode
VP66105	5057881661054

2 IN 1
This two-in-one product protects and relieves pressure on your bunion while re-aligning overlapping toes



Gel toe separator double looped

Code	Barcode
VP66103	5057881661030

Innovative ring design ensures product stays in place



Gel toe protector tube 10cm

Code	Barcode
VP66100	5057881661009

10cm tube can be cut to size for complete wrap around protection on painful toes and fingers



INSOLES

support for everyday comfort

The VitaPlus Everyday Comfort Insole is designed to provide superior support, cushioning, and freshness for all-day wear. Featuring advanced gel zones for enhanced shock absorption, reinforced arch support to alleviate discomfort from plantar fasciitis, and full-length pressure relief to evenly distribute weight, the everyday insole ensures maximum comfort and stability.



CUSTOMISABLE FIT: Featuring clearly marked cutting guidelines, the insole can be easily trimmed to achieve a precise fit, making it a seamless addition to everyday footwear.



LIGHTWEIGHT DESIGN
helps improve
EVERYDAY FOOT PAIN & STRAIN

DISPLAY SHIPPER
4
UNITS

6 IN 1
ARCH SUPPORT
balance stabiliser
SHOCK REDUCER
pressure relief
ODOUR CONTROL
antibacterial

- CONFORMS TO SHAPE
- REDUCES FRICTION
- SUITABLE FOR MOST SKIN TYPES
- SLIM & DISCREET
- RE-USABLE & WASHABLE
- ODOUR CONTROL

Gel insoles | everyday comfort

Code	Type	Barcode
VP67001	male	5057881670018
VP67000	female	5057881670001

INSOLES

support for intense performance

The VitaPlus Performance Pro Insole is expertly crafted for individuals seeking peak performance and superior foot support during intense activities. Engineered with advanced shock-absorbing gel zones and a reinforced arch support system, the insole minimises impact, enhances stability, and alleviates strain, making it ideal for high-impact sports and demanding routines.



CUSTOMISABLE FIT: Featuring clearly marked cutting guidelines, the insole can be easily trimmed to achieve a precise fit, making it a seamless addition to everyday footwear.



LIGHTWEIGHT DESIGN
helps improve
ATHLETIC PERFORMANCE

DISPLAY SHIPPER
4
UNITS

6 IN 1
ARCH SUPPORT
balance stabiliser
SHOCK REDUCER
pressure relief
ODOUR CONTROL
antibacterial

- CONFORMS TO SHAPE
- REDUCES FRICTION
- SUITABLE FOR MOST SKIN TYPES
- SLIM & DISCREET
- RE-USABLE & WASHABLE
- ODOUR CONTROL

Gel insoles | performance pro

Code	Size	Barcode
VP67003	male	5057881670032
VP67002	female	5057881670025

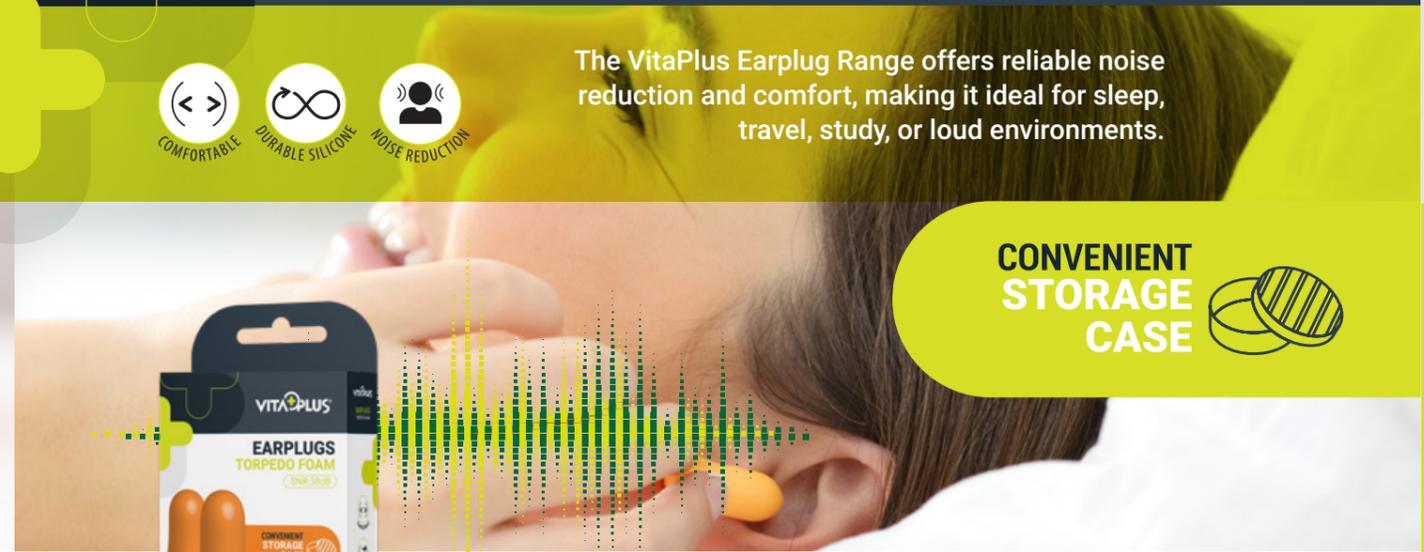


FOOTCARE

provides stability and support for heel protection

EARPLUGS

reliable noise reduction and comfort



The VitaPlus Earplug Range offers reliable noise reduction and comfort, making it ideal for sleep, travel, study, or loud environments.

CONVENIENT STORAGE CASE



Heel cushions (for him and her)

Code	Type	Barcode
VP67021	for him	5057881670216
VP67022	for her	5057881670223



High density memory foam that gradually adapts to the ear canal

Torpedo foam earplugs		
Code	Qty	Barcode
VP66041	3 pairs	5057881660415

SNR:38dB
superior noise reduction



Sound absorbing foam to block out loud noises for hearing protection, or shut out distractions while sleeping or studying

SNR:36dB



Hygienic cotton covered for better preservation and prolonged wear

SNR:28dB

Foam barrel earplugs		
Code	Qty	Barcode
VP66051	3 pairs	5057881660514

Mouldable wax earplugs		
Code	Qty	Barcode
VP66011	3 pairs	5057881660118

LIGHTWEIGHT & MOULDABLE PADDED FOR EXTRA COMFORT



TOAD FINGER SPLINT

SMALL/MEDIUM/LARGE



Toad finger splint (small)	
Code	Barcode
VP67057	5057881670575

Toad finger splint (medium)	
Code	Barcode
VP67058	5057881670582

Toad finger splint (large)	
Code	Barcode
VP67059	5057881670599



3-Layer noise reduction Triple protection for effectiveness

SNR:29dB

Aqua silicone earplugs		
Code	Qty	Barcode
VP66021	3 pairs	5057881660217



Re-usable & waterproof perfect for swimming, bathing and showering

SNR:27dB

Mouldable silicone earplugs		
Code	Qty	Barcode
VP66031	3 pairs	5057881660316



CAST PROTECTORS

waterproof protection for casts, dressings, and bandages

Reusable and available in multiple sizes, the VitaPlus Cast Protectors provide superior waterproof protection for casts, dressings, and bandages while offering enhanced comfort and convenience. Designed with an easy-to-use, flexible ring seal, the protectors create a secure, watertight barrier that keeps moisture out during bathing, showering, or swimming.

WATERPROOF



PROTECTOR FOR CASTS AND DRESSING

SUITABLE FOR BATHING AND SHOWERING

STRETCH OPENING



CREATES A SECURE SEAL AROUND THE ARM OR LEG

LIGHTWEIGHT FOR ULTIMATE COMFORT



DURABLE & RE-USABLE



LIGHTWEIGHT MATERIAL



FLEXIBLE STRETCH



SUITABLE FOR VARIED SIZES



EASY TO USE



WATERTIGHT SEAL



Cast & bandage protector | arm

Code	Qty	Barcode
VP65300	2	5057881653004



Cast & bandage protector | leg

Code	Qty	Barcode
VP65301	2	5057881653011



Adult full arm

Code	Barcode
VP65554	5057881655541



Adult lower leg

Code	Barcode
VP65556	5057881655565



Adult full leg

Code	Barcode
VP65555	5057881655558

CAST PROTECTORS

waterproof protection for casts, dressings, and bandages



PREMIUM FLEXISEAL

COMFI-FIT



SOFT & DURABLE MATERIAL FOR A COMFORTABLE FIT

REQUIRES NO TAPES OR FASTENERS



DURABLE & RE-USABLE



LIGHTWEIGHT MATERIAL



FLEXIBLE STRETCH



SUITABLE FOR VARIED SIZES



EASY TO USE



WATERTIGHT SEAL



Child full arm

Code	Barcode
VP65552	5057881655527



CAST PROTECTORS

waterproof protection for casts, dressings, and bandages

THERMAL THERAPY

gel bead technology



Engineered with advanced thermoflex gel bead technology, the VitaPlus Thermoflex Therapy Pack offers both hot and cold therapy, making it ideal for soothing sore muscles, reducing inflammation, and promoting faster recovery from strains and pains.



WATERPROOF



PROTECTOR FOR CASTS AND DRESSING

SUITABLE FOR BATHING AND SHOWERING



Adult lower leg

Code: VP65481 Barcode: 5057881654810



Adult full leg

Code: VP65491 Barcode: 5057881654919



Adult lower arm (wide)

Code: VP65411 Barcode: 5057881654117



Adult full arm

Code: VP65421 Barcode: 5057881654216



Adult foot

Code: VP65471 Barcode: 5057881654711



Child full leg

Code: VP65511 Barcode: 5057881655110



Child full arm

Code: VP65511 Barcode: 5057881655114



Child lower arm

Code: VP65501 Barcode: 5057881655015

Thermoflex therapy pack

Code	Size	Barcode
VP65051	265 x 135mm	5057881650515



DISPLAY SHIPPER
10
UNITS



ADVANCED THERMOFLEX GEL BEAD TECHNOLOGY
ADAPTS TO THE BODY'S NATURAL CONTOURS, ENSURING OPTIMAL COMFORT AND COVERAGE



* Illustrative image only. The product should be applied over clothing or wrapped in cloth before use.

mx[™]
HEALTH

mx Health is our premium first aid and sports recovery brand, manufactured using only the highest-quality components and premium packaging designed to command attention on shelf.

Trusted by clinicians, patients, and customers for its quality and reliability, the range also delivers strong margins for our retail partners.

WOUND CARE | FIRST AID | DEVICES | DIAGNOSTICS |
TAPES & STRAPPING | SPORTS SUPPORTS





With a focus on quality, reliability, and ease of use, the mx Health General Surgical range comprises of Alcohol Prep Pads that ensure optimal hygiene and safety for pre-injection skin preparation, as well as high-performance bandages available in various sizes to support diverse surgical requirements.



Alcohol prep pads | 2-ply

Code	Size	Qty	Barcode
MX97111	60 x 30mm	200's	5057881971115

200 individually wrapped pads per box | 2-ply cotton pads | Saturated with 70% Isopropyl alcohol



The innovative 450ml capacity Portable Perineal Bottle / Bidet is designed with the modern mum in mind. Featuring a perfectly angled and extra-long spout for easy cleaning, a retractable spray nozzle and a secure seal to prevent leaks, this bidet offers both practicality and comfort. The dust-proof cap and generous spray pattern ensures gentle yet effective relief, while the narrow angled neck provides a continuous stream for consistent use.

Perineal bottle/Portable bidet

Code	Size	Barcode
MX86213	450ml	5057881862130



On-the-go first aid kit

Code	Barcode
MX79504	5057881795049

FOR WOUND/BURN CARE

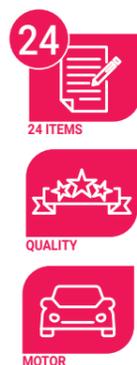
- 1 x Medium sterile wound dressing (100mm x 100mm)
- 2 x Burn gel 3.5g sachets
- 5 x Alcohol wipes
- 10 x Waterproof plasters (75mm x 19mm)
- 2 x Non adhesive dressing pads (100mm x 100mm)

FOR FRACTURES/SPRAINS

- 1 x Conforming bandage (50m x 40mm)
- 1 x Micropore tape (25mm x 50mm)

INSTRUMENTS/OTHER

- 1 x Tweezer metal
- 1 x First aid kit bag



Essential care, anytime, **anywhere.**

Compact yet comprehensive, the mx Health swiftaid on-the-go First Aid Kit is packed with essential first aid items to treat minor cuts, scrapes, burns, and other injuries.

PORTABLE AND LIGHTWEIGHT FIRST AID KIT FOR EVERY ON-THE-GO LIFESTYLE





The mx Health Plaster range offers high-quality adhesive solutions for wound care, providing reliable protection and support for minor cuts, abrasions, and injuries.



Waterproof beige plasters

Code	Size	Qty	Barcode
MX76105	19 x 72mm	20's	5057881761051



Fabric plasters

Code	Size	Qty	Barcode
MX76108	19 x 72mm	20's	5057881761082



Kids assorted plasters

Code	Size	Qty	Barcode
MX76114	Assorted	20's	5057881761143

Available sizes: 10 x (19 x 56mm) | 10 x (19 x 72mm)



Fabric extra tough plasters

Code	Size	Qty	Barcode
MX76100	72 x 38mm	20's	5057881761003

Extra large wound pad | Flexible and hard-wearing fabric



Glow in the dark kids plasters

Code	Size	Qty	Barcode
MX76115	20 x 70mm	20's	5057881761150

Breathable waterproof material | Protective wound pad for superior cushioning and absorption | 3 colourful designs including rockets, planets, and astronauts | Latex free



Sensitive plasters

Code	Size	Qty	Barcode
MX76107	19 x 72mm	20's	5057881761075



Hand & finger assorted plasters

Code	Size	Qty	Barcode
MX76109	Assorted	20's	5057881761099

Available sizes: 5 x (46 x 60mm) | 5 x (45 x 50mm) | 5 x (20 x 120mm) | 5 x H-shape (38 x 76mm)



Transparent assorted plasters

Code	Size	Qty	Barcode
MX76106	Assorted	20's	5057881761068

Available sizes: 6 x (25 x 72mm) | 8 x (30 x 55mm) | 6 x (50 x 76mm)



Assorted plaster display unit

Code	Qty	Barcode
MX79348	30's	5057881793489



TAPES & PLASTERS

MX HEALTH

WOUND CARE

mx^{HEALTH™}

monitors



WHO BP INDICATOR



ARRHYTHMIA DETECTION (IHB)



MULTI-USER
2x99 memories

5
YEAR
WARRANTY



Lite digital blood pressure monitor

Code	Cuff Size	Barcode
MX86012	22 - 42cm	5057881860129

The mx Health Lite Blood Pressure Monitor is engineered for everyday wellness tracking and clinical-grade accuracy. Designed specifically for everyday home monitoring, this professional-grade device delivers accurate upper-arm blood pressure and pulse readings with reliable precision. Whether you're managing a health condition, tracking wellness goals, or simply staying proactive about your cardiovascular health, the mx Health Lite provides the accuracy you need with the convenience you want.

Experience effortless health monitoring with simple one-touch operation that makes checking your blood pressure as easy as pressing a button, while the clear digital display features large, easy-to-read numbers for instant visibility of your measurements.

For added peace of mind, the monitor includes a sophisticated built-in heartbeat detector that identifies irregular heartbeat patterns during measurement, helping you stay informed about potential cardiovascular irregularities. Perfect for users of all ages and technical abilities, this compact monitor transforms your approach to health tracking with precision, convenience, and confidence.



monitors



WHO BP INDICATOR



ARRHYTHMIA DETECTION (IHB)



MULTI-USER
240 memories

5
YEAR
WARRANTY



INCLUDES
a convenient
storage stand
solution



Maxi digital blood pressure monitor

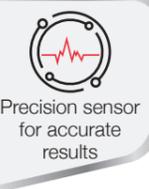
Code	Cuff Size	Barcode
MX76120	220 - 400mm	5057881761204

The mx Health Maxi Digital Blood Pressure Monitor revolutionises home health monitoring with its expansive screen that dramatically enhances the ease and accuracy of blood pressure checks. The large, high-contrast display eliminates the guesswork and strain of reading smaller screens, making it especially beneficial for users with vision concerns or those who simply prefer clear, unmistakable readings.

Despite its generous screen size, the monitor maintains a compact and portable design that seamlessly fits into any home environment without taking up valuable space. This thoughtful balance of functionality and convenience makes it the ideal device for patients who need to manage their blood pressure from home, whether they're tracking daily readings, monitoring medication effectiveness, or following doctor-recommended health protocols.

Engineered with advanced automation technology, this fully-automatic upper-arm style monitor takes the complexity out of blood pressure management by handling all measurement processes with professional precision. The device excels at helping users effectively manage hypertension through consistent, reliable monitoring that healthcare professionals can trust. Beyond individual readings, the monitor's intelligent system indicates average BP ratings, providing valuable trend analysis that helps users and their doctors understand blood pressure patterns over time.

monitors



Fingertip pulse oximeter

Code	Barcode
MX86001	5057881860013

The mx Health Fingertip Pulse Oximeter is a compact, high-precision device designed for quick and reliable measurement of oxygen saturation (SpO₂) and pulse rate. Featuring advanced sensor technology, it delivers accurate readings within seconds, making it ideal for home use, sports enthusiasts, and healthcare professionals. The easy-to-read LED display provides clear numerical values, pulse waveform, and bar graph indicators for enhanced monitoring. With a lightweight and ergonomic design, it comfortably fits a wide range of finger sizes, ensuring a secure and hassle-free experience.

Its energy-efficient operation, automatic power-off function, and long battery life make it a dependable companion for continuous health tracking. Whether for managing respiratory conditions, monitoring post-exercise recovery, or general wellness, the mx Health Fingertip Pulse Oximeter delivers professional-grade performance with simplicity and ease.



monitors



LARGE
(22-42cm)

X-LARGE
(42-48cm)

BP MONITOR ACCESSORY

Replacement blood pressure monitor cuff

Code	Size	Barcode
MX86010	Large	5057881860105
MX86011	X-Large	5057881860112

The mx Health Replacement Blood Pressure Cuff is designed to fit adult upper arms with a circumference of 22-42cm and 42-48cm and are compatible with the mx Health and Econocare Blood Pressure Monitors. Manufactured for comfort and accuracy, the cuff features high-quality polyester fabric and a non-toxic PVC air bladder for reliable, long-lasting performance. A soft hook-and-loop fastening system ensures a secure, comfortable fit, supporting regular and accurate blood pressure readings.



DISPLAY SHIPPER
6
UNITS

Hard-tip digital thermometer

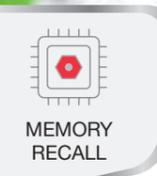
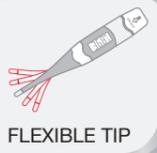
Code	Barcode
MX86004	15057881860044

The mx Health Hard-Tip Digital Thermometer is a premium medical-grade device designed for fast, accurate, and hygienic temperature readings. Engineered for precision, the thermometer is ideal for both professional and home use, offering dependable performance in monitoring body temperature for adults, children, and infants.



mx^{HEALTH™}

5
YEAR
WARRANTY



DISPLAY
SHIPPER
4
UNITS

-  POWDER BLUE
-  SAND
-  OLIVE



Flexi-tip digital thermometer

Code	Colour	Qty	Barcode
MX80200	Powder Blue	1	5057881802006
MX80201	Sand	1	5057881802013
MX80202	Olive	1	5057881802020

Reliable and user-friendly thermometer designed for accurate temperature measurement. The digital display provides clear and easy-to-read results within ten (10) seconds, making it an ideal choice for quick and efficient health checks at home. The thermometer is also equipped with a memory recall function that tracks temperature changes over time, making it easier to monitor trends and treat fever episodes.

The standout feature is its flexible, soft tip, engineered to provide maximum comfort during temperature measurement, especially for young children. Suitable for oral, rectal, or underarm use, the thermometer provides versatility and caters to different healthcare needs and user preferences.



FLEXI-TIP
digital thermometer

The **mx Health Flexi-Tip Digital Thermometer** with its flexible, soft tip, is engineered to provide maximum comfort during temperature measurement, especially for young children and individuals with sensitive skin.

Suitable for oral, rectal, or underarm use, the thermometer provides versatility and caters to different healthcare needs and user preferences.



RAPID HOME TEST KITS

- RELIABLE TESTING
- EASY TO READ RESULTS
- COMPLETE TESTING KIT
- EASY-TO-USE INSTRUCTIONS



URINE TEST
99.5%
ACCURATE RESULTS

8 UNIT SHIPPER



Includes three individually wrapped, easy-to-use test strips with clear, straightforward instructions, providing a reliable, four parameter test strips that detect blood, nitrites, leukocytes, and protein in the urine for accurate results. Enabling pharmacists to dispense with confidence, while also supporting convenient, discreet self-testing for patients at home.

Urinary tract infection

Code	Barcode
MX86316	5057881863168

BLOOD TEST
95.3%
ACCURATE RESULTS

8 UNIT SHIPPER



Vitamin D deficiency

Code	Barcode
MX86317	5057881863175

Vitamin D is an essential mineral for a healthy body. Vitamin D is needed in order for the body to absorb Calcium making Vitamin D a key component in bone health, especially post menopause.

MIXED SHIPPER
24
UNITS



URINE TEST
95.3%
ACCURATE RESULTS

8 UNIT SHIPPER



Detecting 7 common STREET & PRESCRIPTION DRUGS

Multi-drug 7 in 1 panel

Code	Barcode
MX86327	5057881863274

- Amphetamine
 - Benzodiazepines
 - Cocaine
 - Cannabis
 - Methamphetamine
 - Opiates
 - Ketamine
- AMP BZO COC THC MET OPI KET

RESULTS IN
5
MINS

Detects seven commonly abused substances. Suitable for employers, guardians, healthcare workers, and individuals seeking safe, confidential screening, providing clear, easy-to-interpret results for private and discreet testing.

Ferritin (Iron) deficiency

Code	Barcode
MX86318	5057881863182

Designed for convenient at-home use, the Ferritin (Iron) Rapid Home Test Kit allows individuals to monitor their iron levels and identify potential deficiencies. Results are available in five (5) minutes, enabling users to take timely action through dietary changes or medical advice.

BLOOD TEST
97.2%
ACCURATE RESULTS

8 UNIT SHIPPER



RAPID HOME TEST KITS

- RELIABLE TESTING
- EASY TO READ RESULTS
- COMPLETE TESTING KIT
- EASY-TO-USE INSTRUCTIONS

SWAB TEST
98.1%
ACCURATE RESULTS

Vaginal pH swab

Code	Barcode
MX86325	5057881863250

Reliable and easy-to-use solution for monitoring vaginal health. Designed to detect pH imbalances that may indicate condition such as bacterial vaginosis or yeast infections, the test delivers accurate results in 60 seconds.



URINE TEST
99%
ACCURATE RESULTS

Pregnancy midstream test | 2's

Code	Barcode
MX86319	5057881863199

Accurately detects human chorionic gonadotropin (hCG) in concentrations less than half that of normal pregnancy tests, allowing early detection up to 6 days BEFORE a missed period.



URINE TEST
99.9%
ACCURATE RESULTS

Ovulation

Code	Barcode
MX86310	5057881863106

A rapid urine-based test that detects a rise in luteinizing hormone (LH) to help determine the most fertile window for conception. The test supports accurate identification of ovulation for family planning and cycle tracking.



URINE TEST
100%
ACCURATE RESULTS

AVAILABLE ON ORDER



FSH Menopause detection

Code	Barcode
MX86322	5057881863229

Measures Follicle Stimulating Hormone (FSH) levels to support early identification of menopause. Suitable for women experiencing symptoms such as irregular periods, hot flashes, and mood changes.



freedom to move

freedom to move

SPORTS TAPE & STRAPPING

DESIGNED FOR ATHLETES, PHYSIOTHERAPISTS AND ACTIVE INDIVIDUALS, THE MX HEALTH SPORTS TAPE AND STRAPPING RANGE PROVIDES OPTIMAL SUPPORT, FLEXIBILITY, AND DURABILITY FOR INJURY PREVENTION AND REHABILITATION.

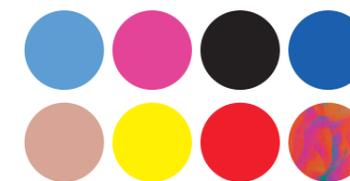
mx HEALTH™

KINESIOLOGY TAPE



Kinesiology tape			
Code	Colour	Size	Barcode
MX79001	Light Blue	5cm x 5m	5057881790013
MX79011	Pink	5cm x 5m	5057881790112
MX79021	Black	5cm x 5m	5057881790211
MX79031	Dark Blue	5cm x 5m	5057881790310
MX79041	Beige	5cm x 5m	5057881790419
MX79051	Yellow	5cm x 5m	5057881790518
MX79061	Red	5cm x 5m	5057881790617
MX79138	Inferno	5cm x 5m	5057881791386

- CUT TO SIZE**
- BREATHABLE MATERIAL**
- STRONG ADHESION**
- LATEX FREE**



MX HEALTH

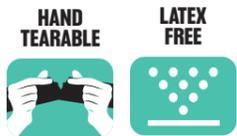
TAPES & STRAPPING

TAPES & STRAPPING

HAND TEARABLE EAB TAPE

Hand tearable EAB tape

Code	Colour	Qty	Size	Barcode
MX79362	Black	24	50mm x 6.9m	5057881793625
MX79364	Black	12	75mm x 6.9m	5057881793649



UNDERWRAP FIX TAPE

Underwrap fix tape

Code	Colour	Qty	Size	Barcode
MX79366	White	1	10cm x 10m	5057881793663
MX79365	White	1	5cm x 10m	5057881793656



RIGID STRAPPING



Zinc oxide rigid strapping

Code	Colour	Qty	Size	Barcode
MX79237	Beige	12	3.8cm x 13.7m	5057881792376
MX79238	Beige	8	5cm x 13.7m	5057881792383



SELF ADHERENT COHESIVE TAPE

Self adherent cohesive tape

Code	Colour	Qty	Size	Barcode
MX79242	Beige	1	5cm x 4.5m	5057881792420
MX79243	Beige	1	7.5cm x 4.5m	5057881792437
MX79246	Black	1	5cm x 4.5m	5057881792468
MX79247	Black	1	7.5cm x 4.5m	5057881792475



freedom to move

ELASTICATED TUBULAR SUPPORTS



1
METRE ROLL

Whether used for injury rehabilitation, post-operative recovery, or preventative support during physical activity, the mx Health Elasticated Tubular Support offers a dependable and effective solution for targeted compression and lasting comfort.

Available in a variety of diameters to accommodate various applications, the support can be easily cut to the required size and applied in single or double layers to achieve the desired level of compression.

Material content: 75% Cotton, 25% Elastic Yarn.

SUPPORT RATING:



Measurements
Limb size: 13 - 16cm
IDEAL FOR:
Small hand or arm.

Elasticated tubular support | type B

Code	Barcode
MX70100	5057881701002

Measurements
Limb size: 16 - 20cm
IDEAL FOR:
Small ankle, medium arm.

Elasticated tubular support | type C

Code	Barcode
MX70101	5057881701019

Measurements
Limb size: 20 - 24cm
IDEAL FOR:
Small knee, medium ankle, large arm.

Elasticated tubular support | type D

Code	Barcode
MX70102	5057881701026

Measurements
Limb size: 28 - 36cm
IDEAL FOR:
Medium thigh, large knee.

Elasticated tubular support | type F

Code	Barcode
MX70104	5057881701040

Measurements
Limb size: 24 - 28cm
IDEAL FOR:
Small thigh, medium knee, large ankle.

Elasticated tubular support | type E

Code	Barcode
MX70103	5057881701033

Measurements
Limb size: 36 - 46cm
IDEAL FOR:
Large thigh

Elasticated tubular support | type G

Code	Barcode
MX70105	5057881701057

freedom to move

SUPPORTS

STANDARD ELASTICATED SUPPORTS



The Standard Elasticated Supports range offers medium level support with no restrictions while exercising. The construction of the soft elasticated material ensures that the support is durable, breathable, and comfortable.

Material content: 54% Polyester, 46% Elastic.

SUPPORT RATING:



Knee

Code	Size	Measurements	Barcode
MX71111	Small	30 - 36cm	5057881711117
MX71121	Medium	36 - 42cm	5057881711216
MX71131	Large	42 - 48cm	5057881711315
MX71141	X Large	48 - 54cm	5057881711414
MX71151	XX Large	54 - 60cm	5057881711513
MX71161	XXX Large	60 - 66cm	5057881711612

Ankle

Code	Size	Measurements	Barcode
MX71211	Small	15 - 20cm	5057881712114
MX71221	Medium	20 - 25cm	5057881712213
MX71231	Large	25 - 30cm	5057881712312
MX71241	X Large	30 - 35cm	5057881712411
MX71251	XX Large	35 - 40cm	5057881712510
MX71261	XXX Large	40 - 45cm	5057881712619

SPORT ANATOMICAL DESIGN REHABILITATION BREATHABLE EVERYDAY 2-WAY STRETCH

Elbow

Code	Size	Measurements	Barcode
MX71311	Small	18 - 22.5cm	5057881713111
MX71321	Medium	22.5 - 27cm	5057881713210
MX71331	Large	27 - 31.5cm	5057881713319
MX71341	X Large	31.5 - 36cm	5057881713418
MX71351	XX Large	36 - 40.5cm	5057881713517

Wrist

Code	Size	Measurements	Barcode
MX71511	Small	13 - 16cm	5057881715115
MX71521	Medium	16 - 19cm	5057881715214
MX71531	Large	19 - 22cm	5057881715313
MX71541	X Large	22 - 25cm	5057881715412
MX71551	XX Large	25 - 28cm	5057881715511
MX71561	XXX Large	28 - 31cm	5057881715610

Hand

Code	Size	Measurements	Barcode
MX71411	Small	13 - 16cm	5057881714118
MX71421	Medium	16 - 19cm	5057881714217
MX71431	Large	19 - 22cm	5057881714316
MX71441	X Large	22 - 25cm	5057881714415
MX71451	XX Large	25 - 28cm	5057881714514
MX71461	XXX Large	28 - 31cm	5057881714613

Counter display unit

Code	Size	Barcode
MX71991	24 units	5057881729915



freedom to move

SPORTS SUPPORTS

PREMIUM ELASTICATED SUPPORTS



The Premium Elasticated Supports range is designed to provide targeted support to damaged or weakened muscles and joints. Gentle compression of the targeted area helps to reduce swelling and prevent further injury.

Material content: 52% Nylon, 35% Elastic, 13% Spandex.

SUPPORT RATING:



Double silicone gel strip on the inside to reduce slipping.

Breathable and sweat releasing.

4-Way stretch.

3D weaving technology for seamless finish and comfort fit.

Knee

Code	Size	Measurements	Barcode
MX72111	Small	30 - 36cm	5057881721116
MX72121	Medium	36 - 42cm	5057881721215
MX72131	Large	42 - 48cm	5057881721314
MX72141	X Large	48 - 54cm	5057881721413
MX72151	XX Large	54 - 60cm	5057881721512
MX72161	XXX Large	60 - 66cm	5057881721611

Ankle

Code	Size	Measurements	Barcode
MX72211	Small	15 - 20cm	5057881722113
MX72221	Medium	20 - 25cm	5057881722212
MX72231	Large	25 - 30cm	5057881722311
MX72241	X Large	30 - 35cm	5057881722410
MX72251	XX Large	35 - 40cm	5057881722519
MX72261	XXX Large	40 - 45cm	5057881722618



Elbow

Code	Size	Measurements	Barcode
MX72311	Small	18 - 22.5cm	5057881723110
MX72321	Medium	22.5 - 27cm	5057881723219
MX72331	Large	27 - 31.5cm	5057881723318
MX72341	X Large	31.5 - 36cm	5057881723417
MX72351	XX Large	36 - 40.5cm	5057881723516



Wrist

Code	Size	Measurements	Barcode
MX72511	Small	13 - 16cm	5057881725114
MX72521	Medium	16 - 19cm	5057881725213
MX72531	Large	19 - 22cm	5057881725312
MX72541	X Large	22 - 26cm	5057881725411
MX72551	XX Large	26 - 30cm	5057881725510



Hand

Code	Size	Measurements	Barcode
MX72811	Small	13 - 16cm	5057881728115
MX72821	Medium	16 - 19cm	5057881728214
MX72831	Large	19 - 22cm	5057881728313
MX72841	X Large	22 - 26cm	5057881728412
MX72851	XX Large	26 - 30cm	5057881728511



Counter display unit

Code	Size	Barcode
MX72991	24 units	5057881729914



freedom to move

SPORTS SUPPORTS

PERFORMANCE GEL-TECH



Measurements

- S: 30 - 36cm
- M: 36 - 42cm
- L: 42 - 48cm
- XL: 48 - 54cm
- XXL: 54 - 60cm
- XXXL: 60 - 66cm

Knee stabiliser

Code	Size	Barcode
MX73111	Small	5057881731115
MX73121	Medium	5057881731214
MX73131	Large	5057881731313
MX73141	X Large	5057881731412
MX73151	XX Large	5057881731511
MX73161	XXX Large	5057881731610

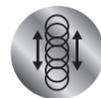
GRIP-ZONE TECHNOLOGY

No slipping, sliding or readjusting, even during intense activities.



GEL SUPPORT

Contoured silicone pad relieves pressure on the kneecap and tendons to reduce strain.



IMBEDDED STABILISERS

Dual spring splints support the joint.



LOW PROFILE DESIGN

Slim enough to fit comfortably into most shoes, ideal for daily wear or athletic use.



Measurements

- S: 15 - 20cm
- M: 20 - 25cm
- L: 25 - 30cm
- XL: 30 - 35cm
- XXL: 35 - 40cm
- XXXL: 40 - 45cm

Ankle stabiliser

Code	Size	Barcode
MX73211	Small	5057881732112
MX73221	Medium	5057881732211
MX73231	Large	5057881732310
MX73241	X Large	5057881732419
MX73251	XX Large	5057881732518
MX73261	XXX Large	5057881732617



Measurements

- S: 18 - 22.5cm
- M: 22.5 - 27cm
- L: 27 - 31.5cm
- XL: 31.5 - 36cm
- XXL: 36 - 40.5cm
- XXXL: 40.5 - 45cm

Elbow stabiliser

Code	Size	Barcode
MX73311	Small	5057881733119
MX73321	Medium	5057881733218
MX73331	Large	5057881733317
MX73341	X Large	5057881733416
MX73351	XX Large	5057881733515
MX73361	XXX Large	5057881733614

The mx Health Performance Gel-Tech Supports range is engineered to deliver advanced joint stabilisation, targeted compression, and all-day comfort for active individuals, athletes, and those recovering from injury. Combining anatomically contoured silicone gel pads with an advanced 3D elastic weave, the supports provide optimal joint protection while allowing natural movement and breathability.

Each support is designed with integrated gel technology that cushions pressure points, reduces strain on tendons and ligaments, and promotes therapeutic relief. The removable, customisable support straps enable controlled compression and added joint stability, making the supports versatile for rehabilitation, daily use, or performance enhancement during sports activities.

Material content: 65% Nylon, 5% Elastic, 20% Latex thread, 10% Silicone gel.

SUPPORT RATING:



INTEGRATED GEL SUPPORT KNEE ELBOW ANKLE BREATHABLE TARGETED COMPRESSION EASY FIT

freedom to move

PREMIUM UNIVERSAL SUPPORTS



Measurements
S/M/L: 24 - 43cm
L/XL/XXL: 43 - 57cm

The Premium Universal Supports range is designed to provide reliable all-round support for weak, arthritic or injured muscles and joints. The SBR material retains the body's natural warmth to provide therapeutic relief and help promote healing.

Material content: 60% Rubber, 20% Nylon, 20% Polyester.

SUPPORT RATING:



Code	Size	Barcode
MX74101	S/M/L	5057881741015
MX74171	L/XL/XXL	5057881741718

Measurements
Upper knee: 28 - 45cm
Lower knee: 27 - 42cm

Code	Size	Barcode
MX74191	UNIVERSAL S/M/L	5057881741916



SPORT EVERYDAY REHABILITATION ADJUSTABLE ANATOMICAL DESIGN HEAT RETENTION



Measurements
S/M/L: 17 - 27cm
L/XL/XXL: 24 - 34cm

Code	Size	Barcode
MX74201	S/M/L	5057881742012
MX74271	L/XL/XXL	5057881742715



Measurements
S/M/L: 13 - 22cm
L/XL/XXL: 19 - 28cm

Code	Size	Barcode
MX74501	S/M/L	5057881745013
MX74581	L/XL/XXL	5057881745815



Code	Size	Barcode
MX74991	24 units	5057881749912



Measurements
S/M/L: 20 - 31cm
L/XL/XXL: 27 - 37cm

Code	Size	Barcode
MX74301	S/M/L	5057881743019
MX74371	L/XL/XXL	5057881743712



Measurements
UNIVERSAL: 20 - 31cm

Code	Size	Barcode
MX74391	S/M/L	5057881743910

freedom to move

PREMIUM NEOPRENE SUPPORTS



Thumb splint

Code	Size	Barcode
MX75022	One size	5057881750222



Removable splint.

Provides insulation in cold weather sports and heat retention to aid healing.

Measurements
UNIVERSAL: 16 - 22cm

The Premium Neoprene Supports range delivers exceptional comfort by combining breathable material with natural heat-retaining properties. By maintaining the body's warmth, each support provides therapeutic relief that promotes healing and aids in recovery.

Material content:
80% Neoprene, 10% Nylon, 10% Cotton.

SUPPORT RATING:

1 2 3 4 5
LIGHT ██████████▶ EXTRA FIRM

SPORT ANATOMICAL DESIGN REHABILITATION BREATHABLE HEAT RETENTION



Wrist splint

Code	Size	Barcode
MX74590	S/M/L	5057881745907
MX74591	L/XL/XXL	5057881745914

Measurements
S/M/L: 13 - 22cm
L/XL/XXL: 19 - 28cm



Back support

Code	Size	Barcode
MX74711	S/M/L	5057881747116
MX74721	L/XL/XXL	5057881747215

Measurements
S/M/L: 61 - 107cm
L/XL/XXL: 107 - 124cm

freedom to move

SUPPORTS

ORTHOPAEDIC SUPPORTS



SUPPORT LEVEL
5/5
GLASS FIBRE BACK PLATE



Lace-up ankle stabiliser

Code	Size	Measurements	Barcode
MX77065	Small	23 - 24.5cm	5057881770657
MX77066	Medium	24.5 - 26cm	5057881770664
MX77067	Large	26 - 27cm	5057881770671
MX77058	X Large	27 - 28cm	5057881770688

Wrist brace

Code	Size	Measurements	Barcode
MX77053	Left - S/M	21.5 - 31.5cm	5057881770534
MX77054	Left - M/L	23 - 37cm	5057881770541
MX77052	Right - S/M	21.5 - 31.5cm	5057881770527
MX77055	Right - M/L	23 - 37cm	5057881770558

ANATOMICAL DESIGN **REHABILITATION** **BREATHABLE** **EVERYDAY**



ANKLE STAYS IN PLACE

Ankle brace

Code	Size	Measurements	Barcode
MX77056	Left - S/M	22 - 30.5cm	5057881770565
MX77057	Left - M/L	27 - 41cm	5057881770572
MX77051	Right - S/M	22 - 30.5cm	5057881770510
MX77058	Right - M/L	27 - 41cm	5057881770589



WRIST STAYS IN PLACE



Pouch arm sling

Code	Size	Barcode
MX75301	Universal adult	5057881753018
MX75311	Universal paediatric	5057881753117



Advanced pouch arm sling

Code	Barcode
MX77050	5057881770503



Measurements
Waist Strap: 88.5cm
Shoulder Strap: 107cm
Sling Sleeve: 45.5 x 21cm



Neck collar

Code	Size	Measurements	Barcode
MX75211	Small	28 - 37.5cm	5057881740018
MX75221	Medium	37.5 - 45cm	5057881752219
MX75231	Large	45 - 54.5cm	5057881752318
MX75241	X Large	54.5 - 62cm	5057881752417
MX75251	XX Large	62 - 69.5cm	5057881752516

2 in 1 Posture corrector

Code	Size	Measurements	Barcode
MX77060	Small	70 - 85cm	5057881770602
MX77061	Medium	85 - 105cm	5057881770619
MX77062	Large	105 - 125cm	5057881770626
MX77063	X Large	120 - 140cm	5057881770633
MX77064	XX Large	140 - 160cm	5057881770640

The mx Health Orthopaedic Supports range offers specialised support, ensuring comfort and stability for individuals recovering from injuries, undergoing post-operative care, or managing chronic conditions.

Material content:
54% Polyester, 46% Elastic.

SUPPORT RATING:

1 2 3 4 5
LIGHT EXTRA FIRM

freedom to move

STANDARD COMPRESSION WRAPS



Standard compression wraps

Code	Size	Measurement	Barcode
MX76122	Small	40 x 7.5cm	5057881761228
MX76123	Medium	80 x 7.5cm	5057881761235
MX76124	Large	120 x 7.5cm	5057881761242

Made from high-quality woven compression material, the mx Health Compression Wraps are designed to provide medium level support for targeted pain relief. With no movement restrictions while exercising, the compression wraps are suitable for all types of sports activities and everyday use. The elasticated, 2-way stretch material ensures that the support provided is durable, breathable, and comfortable. The integrated starter loop allows for easy pre-positioning for precise and controlled compression.

Material content: 70% Polyester, 30% Latex thread.

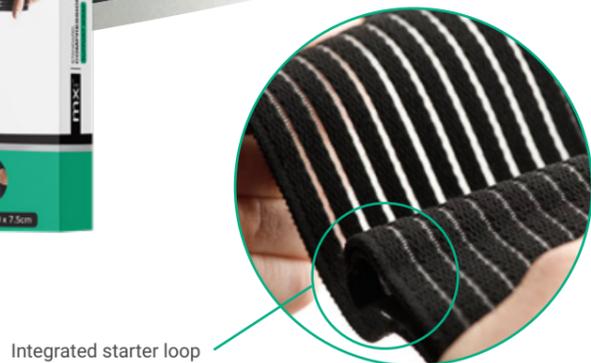


SPORT **ANATOMICAL DESIGN** **REHABILITATION** **BREATHABLE** **EVERYDAY** **2-WAY STRETCH**

SUPPORT RATING:

1 2 3 4 5

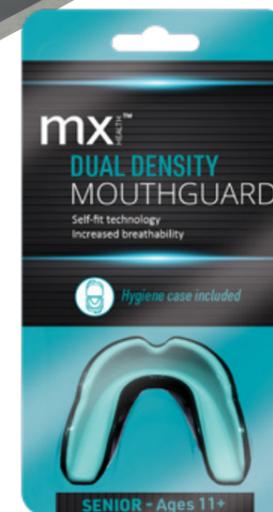
LIGHT EXTRA FIRM



DUAL DENSITY MOUTHGUARDS



Junior		
Code	Age	Barcode
MX79510	6-11	5057881795100



Senior		
Code	Age	Barcode
MX79511	11+	5057881795117

Designed to provide superior protection and comfort, the mx Health Dual Density Mouthguards feature a robust outer layer for impact absorption and a soft inner layer for a secure, personalised fit. Ideal for sports and high-impact activities, the mouth guards shield teeth and gums from injury while ensuring increased breathability with a specially designed air channel for optimal airflow.

SELF-FITTING

INCREASED BREATHABILITY

INCLUDES HYGIENE CASE

BOTTOM SECURITY PADS
For maximum grip and protection.

INCREASED BREATHABILITY
Specially designed air channel for optimal airflow.

BOIL AND BITE SELF FIT TECHNOLOGY
Premium EVA material provides a tight and comfortable fit.

DUAL DENSITY
Premium self-mould inner layer for a customised fit. Advanced exterior design for excellent impact resistance.

freedom to move

MATERNITY SUPPORT BELT



The mx Health Maternity Support Belt offers exceptional support and comfort for expectant mothers, providing relief from back, pelvic, and abdominal discomfort during pregnancy.

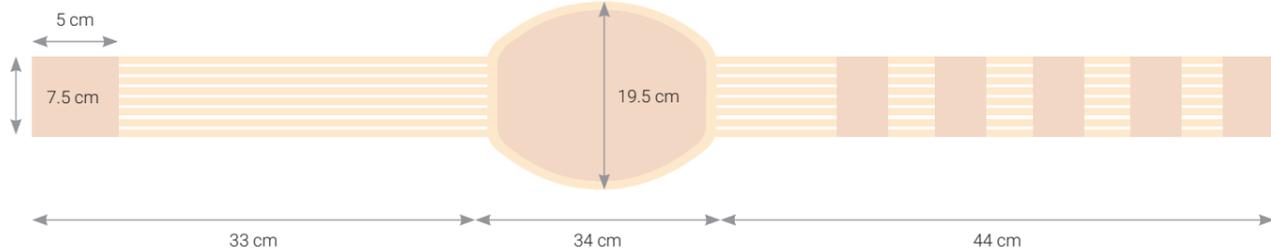
Designed with adjustable, breathable fabric, the maternity belt conforms to the natural shape of the stomach, ensuring a perfect fit throughout all stages of pregnancy.

Material content: 30% Soft Foam, 20% Nylon, 40% Elastic, 10% Acrylic.

Maternity support belt

Code	Size	Colour	Barcode
MX77059	One size	Beige	5057881770596

SUPPORT RATING:



- ADJUSTABLE
- BREATHABLE
- EVERYDAY
- 2-WAY STRETCH
- LIGHTWEIGHT

MYOFASCIAL RELEASE TOOL

DESIGNED TO PROVIDE MUSCLE PAIN RELIEF AND IMPROVED MOBILITY



Myofascial release tool

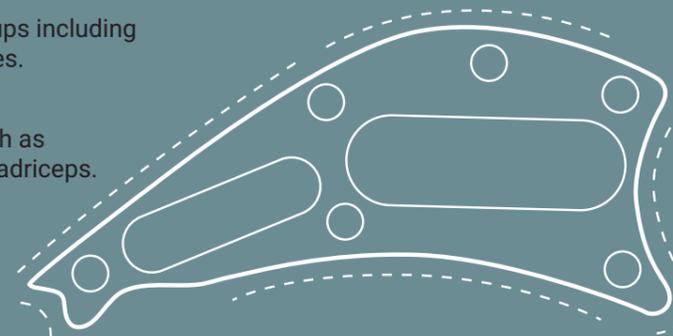
Code	Barcode
MX79512	5057881795124

- COMPACT & EASY TO CLEAN
- DURABLE STAINLESS STEEL DESIGN

The Myofascial Release Tool is expertly designed to target various areas of the body, addressing specific muscle groups to provide unparalleled relief from muscle pain while enhancing range of motion. With its uniquely contoured sections, this tool is engineered with the principles of myofascial in mind, applying precision pressure to the fascia – the connective tissue surrounding the muscles – to alleviate discomfort and increase mobility.

Featuring full hand and finger grip holes for ease of use and optimal control, this tool stands as a trusted choice for physiotherapists, chiropractors, and massage therapists. Excelling in instrument-assisted soft tissue mobilisation (IASTM), the Myofascial Release Tool boasts a stainless-steel design with bevelled edges to penetrate deeply into muscles to mobilise restricted fascia and release myofascial trigger points.

- Larger muscle groups including shoulders and knees.
- Muscle groups such as hamstrings and quadriceps.
- Specific tendons and ligaments.
- Sensitive neck and upper arm areas.
- Target knots and tight areas.
- Smaller regions such as the wrists, feet, and forearms.





Distributed exclusively by Medinox, Econocare provides affordable, high-quality medical products that are carefully crafted to help retailers, medical practitioners, and consumers overcome budget constraints without compromising on care.



DIGITAL BLOOD PRESSURE MONITOR

- Automatic upper arm monitor
- 240 Memories (2 x 120 measurements)
- WHO Blood pressure risk indicator
- Arrhythmia detection (IHB)
- Cuff size: 22 - 40cm

Digital blood pressure monitor

Code	Barcode
EC98003	5057881980032

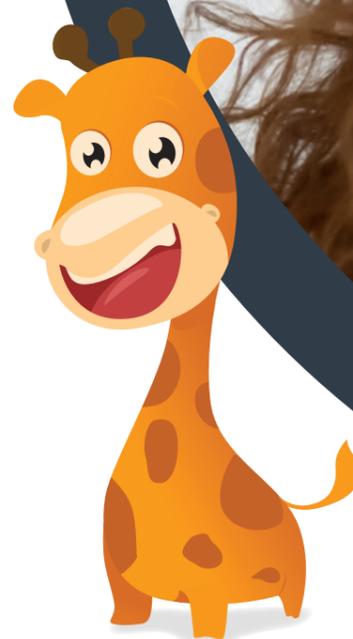
Featuring a clear digital display, one-touch operation, and advanced measurement technology, the Econocare Blood Pressure Monitor delivers precise readings of systolic and diastolic pressure, as well as pulse rate.



Committed to children's health and well-being, VitaKids offers a range of safe, reliable, and child-friendly products.

From nasal aspirators and first aid kits to playful waterproof mini digital thermometers, VitaKids seamlessly blends quality with creative design to cater to the unique needs of infants and children.

DIGITAL THERMOMETERS | FIRST AID KIT





MINI DIGITAL THERMOMETER



FLEXIBLE TIP
Gentle, with a flexible tip for comfortable temperature measurements.



WATER PROOF DESIGN
For easy cleaning and added durability with a easy to read LCD digital display.



LOW BATTERY INDICATOR



CHILDSAFE BATTERY



LAST MEMORY RECALL



10 SECOND MEASURING TIME



Digital thermometers

Code	Type	Colour	Barcode
VK79444	Frog	Green	5057881794448
VK79443	Cow	Purple	5057881794431

The VitaKids Digital Thermometer's versatile flexible tip allows for comfortable yet accurate temperature measurements. The waterproof design ensures easy cleaning and enhanced durability, featuring an easy-to-read LCD digital display.



First aid kit

Code	Qty	Barcode
VK79432	30pcs	5057881794325

Included in the bag
16 x VitaKids plasters, 4 x antiseptic pads, 1 x saline solution, 2 x cleaning wipes, 1 x cotton swab, 1 x 5ml syringe, 1 x safety scissor, 1 x first aid tape (1.25cm x 5m), 1 x gauze pad, 1 x PBT bandage (5cm x 4.5m), and 1 x bag.

The VitaKids First Aid Kit is a compact, child-friendly emergency kit designed to provide parents and caregivers with a reliable solution for addressing minor injuries.

Containing 30 carefully selected essentials, the kit is tailored to treat common mishaps such as cuts, scrapes, and bruises, ensuring prompt care in any situation.



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