



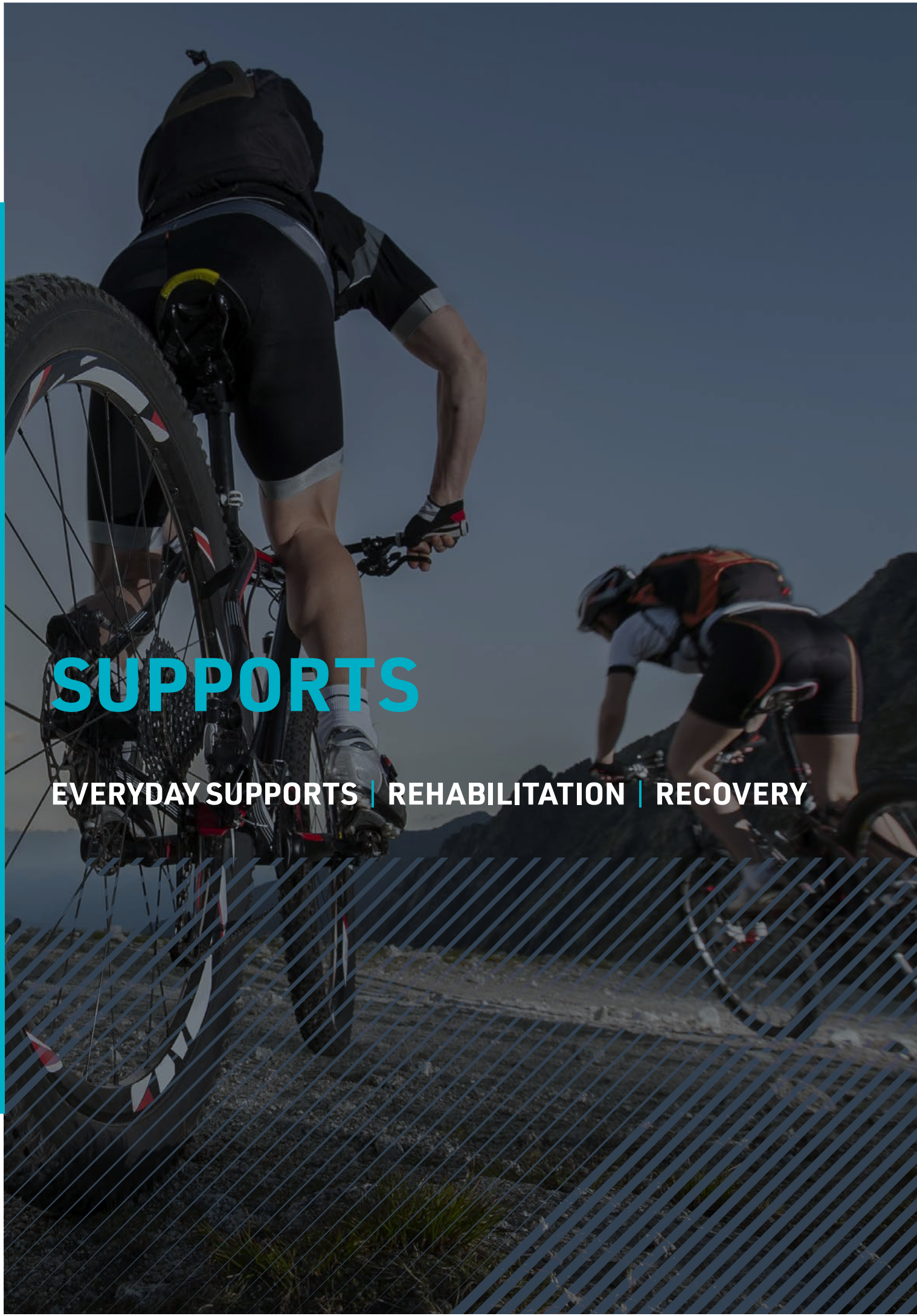
mx^{HEALTH} thermX

SPORTS CATALOGUE

SUPPORTS / STRAPPING /
KINESIOLOGY TAPE / THERMAL
THERAPY SOLUTIONS

medinoxTM AUSTRALIA
your health our passion





SUPPORTS

EVERYDAY SUPPORTS | REHABILITATION | RECOVERY

TRUSTED BY MEDICAL PROFESSIONALS NATIONWIDE.

mx^{HEALTH}TM | PREMIUM NEOPRENE SUPPORTS

The Neoprene material provides a premium level of comfort by adding breathability to the warmth properties of the Neoprene Supports range. Retaining the body's natural warmth provides therapeutic relief that helps promote healing.

MATERIAL CONTENT: 80% NEOPRENE, 10% NYLON, 10% COTTON

| | |
|--------------------|-------------------------|
| Thumb Splint | (Left or Right) |
| Wrist Splint Right | Uni S/M/L |
| Wrist Splint Right | Uni L/XL/XXL |
| Back Support | Uni S/M/L & XL/XXL/XXXL |



SPORT



ANATOMICAL
DESIGN



BREATHABLE



HEAT
RETENTION



REHABILITATION



EVERYDAY

mx^{HEALTH}TM | PREMIUM
UNIVERSAL SUPPORTS

The Premium Universal Supports range is designed to provide reliable all-round support for weak, arthritic or injured muscles and joints. The SBR material retains the body's natural warmth to provide therapeutic relief and help promote healing.

MATERIAL CONTENT: 60% RUBBER, 20% NYLON, 20% POLYESTER

| | |
|--------------|----------------------|
| Wrist | Uni S/M/L & L/XL/XXL |
| Ankle | Uni S/M/L & L/XL/XXL |
| Elbow | Uni S/M/L & L/XL/XXL |
| Knee | Uni S/M/L & L/XL/XXL |
| Tennis Elbow | Uni S/M/L |



SPORT



ANATOMICAL
DESIGN



HEAT
RETENTION



REHABILITATION



EVERYDAY



ADJUSTABLE

TRUSTED BY MEDICAL PROFESSIONALS NATIONWIDE.



mx^{HEALTH}TM | PREMIUM ELASTICATED SUPPORTS

The Premium Elasticated Supports range is designed to provide targeted support to damaged or weakened muscles and joints. Gentle compression of the targeted area helps to reduce swelling and prevent further injury.

MATERIAL CONTENT: 52% NYLON, 35% ELASTIC, 13% SPANDEX

| | |
|-------|--------|
| Knee | S - XL |
| Ankle | S - XL |
| Elbow | S - XL |
| Hand | S - XL |
| Wrist | S - XL |



SPORT



ANATOMICAL
DESIGN



BREATHABLE



4 WAY
STRETCH



REHABILITATION



EVERYDAY

4 way stretch and graduated compression zones for a contoured fit. Naturally conforms to the joint area whilst maintaining firm support and compression.

Double silicone gel strip on the inside to reduce slipping.

The 3D shape provides compression helping to reduce swelling.

STANDARD
ELASTICATED

PREMIUM
ELASTICATED

PREMIUM
NEOPRENE

3D weaving technology for seamless finish and comfortable fit.

Breathable and sweat releasing material.

The Airprene material retains the body's natural warmth providing therapeutic relief that helps promote healing.

mx^{HEALTH}™ | STANDARD
ELASTICATED SUPPORTS

The Standard Elasticated Supports range offers medium level support, with no restrictions while exercising. The construction of the soft elasticated material ensures that the support is durable, breathable, and comfortable.

MATERIAL CONTENT: 54% POLYESTER, 46% ELASTIC

| | |
|-------|---------|
| Wrist | S - XXL |
| Ankle | S - XXL |
| Elbow | S - XL |
| Knee | S - XXL |
| Hand | S - XXL |



SPORT



ANATOMICAL
DESIGN



BREATHABLE



2 WAY
STRETCH



REHABILITATION



EVERYDAY

Breathable material
allows moisture
to escape.

Double stitching allows for
a comfortable fit and helps
to alleviate fraying.



2-way stretch provides
gentle compression.
Naturally conforms to
the joint area whilst
maintaining firm support
and compression.

mx^{HEALTH}TM | COMPRESSION WRAPS

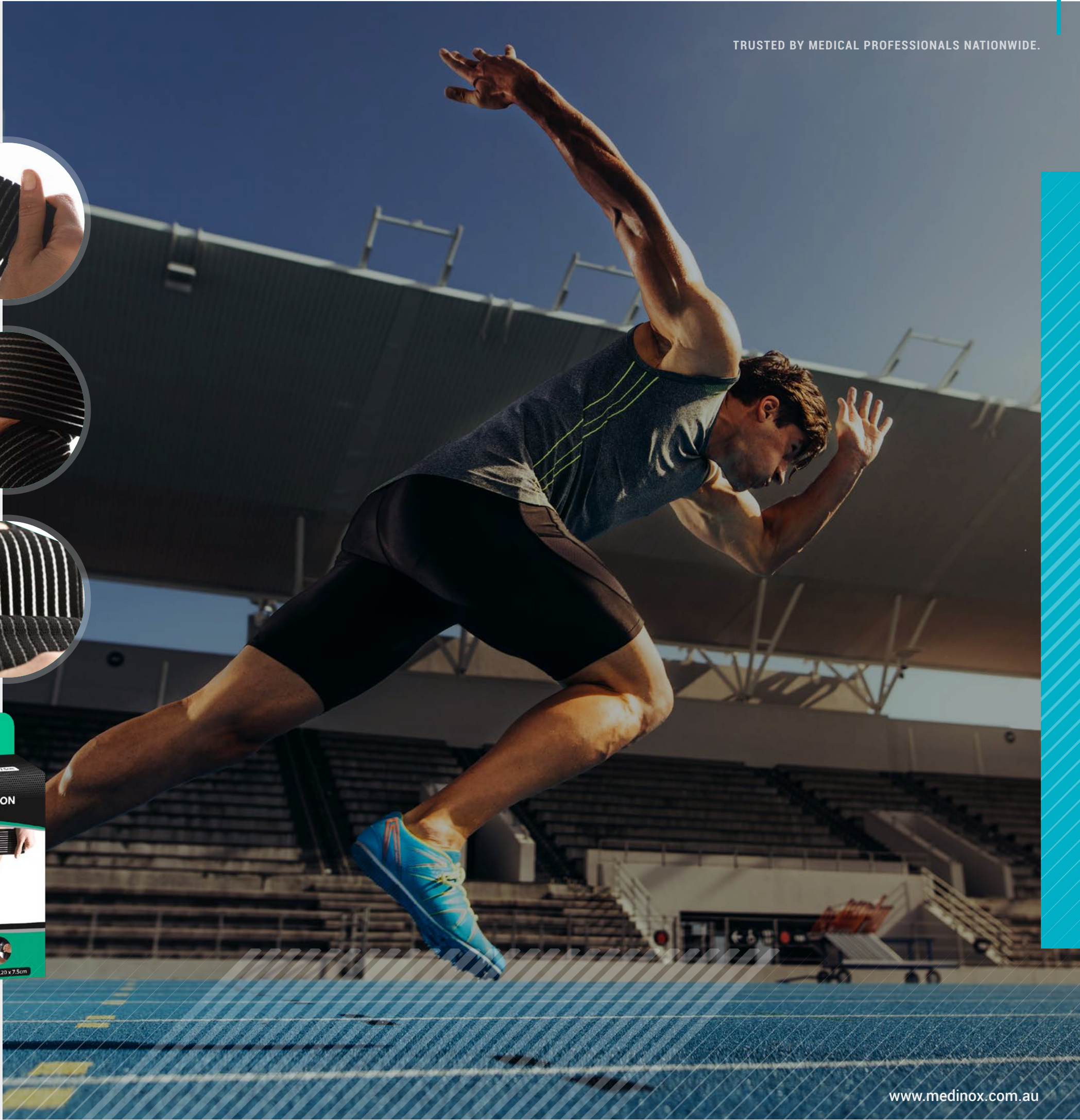
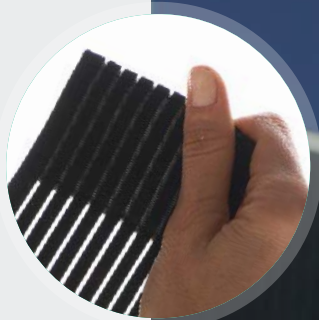
Made from high-quality woven compression material, the mx Health Compression Wraps are designed to provide medium level support for targeted pain relief.

With no movement restrictions while exercising, the mx Health Compression Wraps are suitable for all types of sports activities and everyday use. The elasticated, 2 way soft material ensures that the support provided is durable, breathable, and comfortable.

Pre-positioning for controlled compression is enabled by the starter loop.

AVAILABLE IN:

- Small
- Medium
- Large



SPORT



ANATOMICAL DESIGN



BREATHABLE



2 WAY STRETCH



REHABILITATION



EVERYDAY

mx^{HEALTH}TM | ORTHOPAEDIC
STANDARD RANGE

The mx Health Standard Orthopaedic Supports range offers specialised support, ensuring comfort and stability for individuals recovering from injuries, undergoing post-operative care, or managing chronic conditions.

MATERIAL CONTENT: 54% POLYESTER, 46% ELASTIC

| | |
|------------------|------------|
| Neck Collar Navy | S - XL |
| Pouch Arm Sling | Universal |
| Pouch Arm Sling | Paediatric |



REHABILITATION



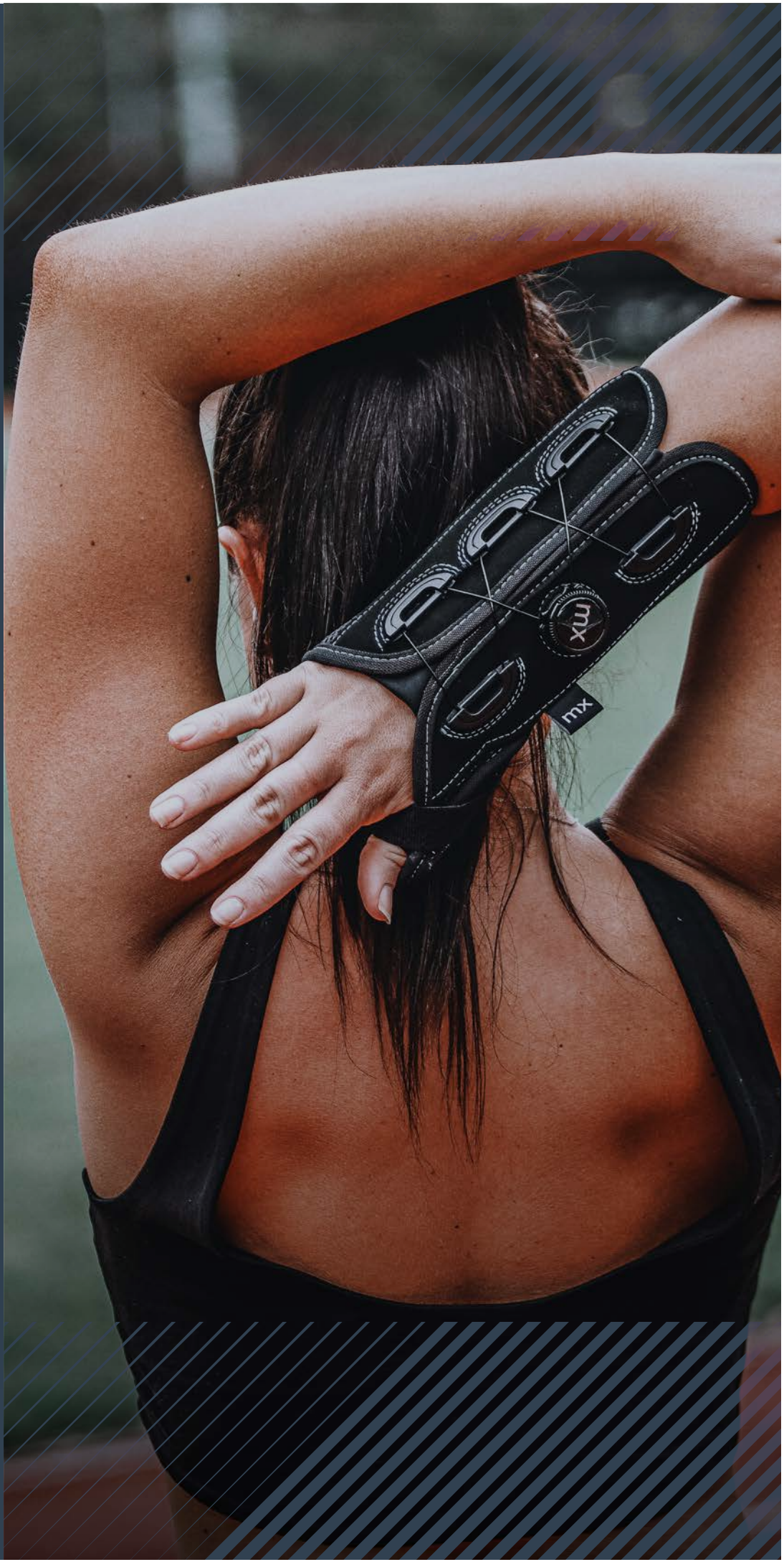
LIGHTWEIGHT



EVERYDAY



ADJUSTABLE



TRUSTED BY MEDICAL PROFESSIONALS NATIONWIDE.

mx^{HEALTH}TM | ORTHOPAEDIC
ADVANCED RANGE

Engineered with premium material for superior support and stability, the mx Health Advanced Orthopaedic Supports range is meticulously designed to aid in the recovery of fractures and sprains, post-operative rehabilitation, and shoulder immobility.

MATERIAL CONTENT: 31% TERYLENE, 22% POLYURETHANE, 20% PURE POLYESTER, 15% NYLON, 3% PU SYNTHETIC LEATHER, 3% POLYPROPYLENE, 1% PE, 2% POM, 3% NON-WOVEN FABRIC

| | |
|--------------------------|-----------|
| Arm Sling + Waist Belt | Universal |
| Wrist Brace Right & Left | S/M & M/L |
| Ankle Brace Right & Left | S/M & M/L |



REHABILITATION



EVERYDAY



ADJUSTABLE



ANATOMICAL
DESIGN



BREATHABLE



WRIST
STAYS



ANKLE
STAYS

www.medinox.com.au

KINESIOLOGY

**AN INNOVATIVE PAIN
MANAGEMENT RESOURCE USED
IN MODERN MEDICAL AND PHYSIOTHERAPY
TREATMENTS. HYPOALLERGENIC,
NON-RESTRICTIVE WITH A WATER
RESISTANT COATING.**

mx[™] HEALTH | KINESIOLOGY TAPE
PLAIN

An innovative pain management resource used in modern medical and physiotherapy treatments.

By combining functionality and style, Kinesiology Tape supports muscles and joints for targeted pain relief. Comfortable to wear, this highly flexible and breathable tape is non-restrictive and allows ease of movement. Water resistant, latex free and hypoallergenic for use on sensitive skin. Engineered with precision and durability, mx[™] tape can be cut to size for a broad range of applications.

AVAILABLE IN (5M X 5CM ROLLS):

Blue / Black / Beige

KINESIOLOGY TAPE SHIPPER:
Holds 6 Units



STRAPPING

mx^{HEALTH}TM | RIGID STRAPPING TAPE

The mx Health Rigid Strapping Tape is an adhesive tape that is intended to support joints that are injured or prone to injury.

Working firmly to support moderate to severe joint and ligament sprains, the strength and rigidity of the tape makes it ideal for individuals who participate in strenuous or high impact exercise, as well as sports in which joints are exposed to high stress.

Correctly applied, the tape helps to minimise movement of the joints, ligaments and tendons, thus preventing further injury. Suitable to tape knees, ankles, shoulders, elbows, wrists and fingers.



TRUSTED BY MEDICAL PROFESSIONALS NATIONWIDE.

mx^{HEALTH}TM | EAB TAPE

The mx Health Elasticated Adhesive Bandage (EAB) Tape is designed to offer exceptional stretch beyond standard adhesive strapping.

Designed for convenience, it tears easily by hand, eliminating the need for scissors. Latex-free and durable, it ensures compatibility with sensitive skin while offering reliable support for various injuries.

This tape adheres directly to the skin, providing robust support for joints by wrapping securely around limbs. Ideal for athletes and individuals seeking superior joint stabilisation, the tearable EAB Tape combines flexibility and durability for optimal performance and comfort.

AVAILABLE IN:

- 5cm x 6,9m
- 7,5cm x 6,9m



mx^{HEALTH}™ | FIX TAPE

The mx Health Fix Tape offers an adaptable solution for managing sports injuries and preventative care.

The design allows the tape to conform seamlessly to joints and body contours, making it suitable for various applications. With hypoallergenic acrylic adhesive, the tape caters specifically to sensitive skin types.

The mx Health Fix Tape excels in securing dressings firmly in place, while its non-woven construction ensures that it remains lightweight and breathable. Latex-free and highly durable, it combines reliability with comfort, making it an essential component in sports support and first aid recovery.

AVAILABLE IN:

- 5cm x 10m
- 10cm x 10m



TRUSTED BY MEDICAL PROFESSIONALS NATIONWIDE.

mx^{HEALTH}™ | COHESIVE TAPE

The mx Health Cohesive Tape is an adhesive-free, non-woven tape designed to deliver optimal support to muscles and joints.

Its versatile application makes it ideal for securing dressings over wounds and providing effective general compression. Engineered for maximum flexibility and comfort, this tape adheres to itself without the need for clips and pins, ensuring a secure fit.

The absence of adhesive ensures effortless and painless removal, enhancing the user experience. Perfect for medical professionals and individuals seeking reliable, high-quality support and comfort.

AVAILABLE IN:

Black

AVAILABLE IN

- 5cm x 4,5m
- 7,5cm x 4,5m



thermX

THERMAL THERAPY SOLUTIONS

DESIGNED TO PROVIDE EFFECTIVE RELIEF FROM MUSCULAR ACHES AND PAINS.



thermX | THERMAL GEL SLEEVE

Versatile 2-in-1 healing solution, designed for both microwave heating and freezer cooling to deliver rapid and effective relief from muscular aches and pains.

Expertly engineered for maximum comfort, the reusable and durable gel sleeve maintains flexibility in both hot and cold states. Its 360 degree compression and form-fitting design ensures optimal support and adaptability, making it ideal for various therapeutic solutions.

AVAILABLE IN:

- Small
- Medium
- Large



2-IN-1 HOT & COLD SLEEVE



RE-USABLE



360° COMPRESSION



EFFECTIVE



FLEXIBLE



MULTIPLE USES



thermX | THERMAL SHOULDER SUPPORT

Experience natural pain relief with the thermX Thermal Shoulder Support Sleeve, a completely wearable thermal compression solution.

This reusable support is meticulously designed to harness the therapeutic benefits of both hot and cold therapy, providing a versatile approach to alleviating discomfort caused by muscular aches and pains. Its ergonomic design, adjustable strap, and premium gel composition makes it a reliable companion for those seeking an effective and natural pain management solution.

Suitable bicep circumference: 26cm - 42cm



2-IN-1 HOT & COLD SLEEVE



RE-USABLE



SECURE FIT



EFFECTIVE



FLEXIBLE



ADJUSTABLE STRAP



thermX | INSTANT ICE COOLING PACK

The innovative, easily activated thermX Instant Ice Cooling Pack offers a hassle-free solution for rapid pain relief, anytime and anywhere.

Requiring no freezing, these packs provide instant ice-cold comfort through a simple activation process. Ideal for on-the-go activities or emergencies, each box is conveniently packed with two units, making this product the perfect addition to any recovery kit.



SQUEEZE
TO ACTIVATE



COMPACT



NO FREEZING



EFFECTIVE



thermX | HOT/COLD THERAPY PACKS

Experience unparalleled versatility in pain relief with the thermX Hot/Cold Therapy Pack.

Suitable for both the microwave and freezer, these packs deliver rapid and effective relief. Featuring a 2-in-1 healing pad design, the Hot/Cold Therapy Packs are reusable, long-lasting, and maintain flexibility in any temperature. For enhanced support, our therapy packs are also available with an adjustable 85cm support strap, ensuring a customised and secure fit.



2-IN-1 HOT &
COLD SLEEVE



RE-USABLE



FLEXIBLE



EFFECTIVE



UNDERSTANDING HOW TO USE HOT & COLD THERAPY CORRECTLY

FOLLOW THE **RICE** PRINCIPLE

R.I.C.E. stands for Rest, Ice, Compression, Elevation.

It is a method of self-care to use right after you experience a minor injury.

R

REST is essential for the healing of injured tissue. Without rest, movement and weight bearing can continue to aggravate an injury, causing increased swelling and inflammation. It is best to rest the injured area for 48 hours, or avoid putting unnecessary stress on it.

I

ICE is useful for reducing pain and inflammation associated with an acute injury. Icing is believed to be most effective if done during the first few hours after the injury has occurred. Follow ThermX Instant Ice on-pack instruction for best results.

C

COMPRESSION of an injured joint helps to reduce swelling. Be sure not to apply a compression too tightly, as this can interfere with your blood circulation. If you feel throbbing, the compression is too tight.

E

ELEVATE the injured part of the body above heart level. You can lie down and use a pillow to help elevate the injured limb. If there is little to no relief from pain and swelling after 48 hours, it is recommended to visit your healthcare provider.



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